

# ASFHG Schweitzer Sustainers Program

## Who We Are

The Albert Schweitzer Fellowship Houston-Galveston (ASFHG) is one of ten Schweitzer programs across the U.S. dedicated to developing a corps of leaders with the skills, network, and confidence to address unmet health needs in underserved communities.

Through mentored direct service and a multidisciplinary leadership development program, ASFHG is building community capacity and training a professional workforce that is skilled in addressing the underlying causes of health inequities and committed to improving health outcomes. Fellows are graduate and undergraduate students competitively selected from member Consortium Schools and come from numerous health-allied fields including, but not limited to, medicine, nursing, public health, pharmacy, social work, and dentistry.

## Be a Changemaker

Imagine a world where every person has access to the care and support they need to live a healthier life. At the Albert Schweitzer Fellowship, we are making that vision a reality, but we can't do it without **you**.

By becoming a monthly donor, you are not just investing in our mission—you are fueling real change. Here's how your ongoing support helps us thrive:

- More community projects: Your monthly gift allows our Fellows to create and sustain programs from free health clinics to mental health support groups.
- Stronger local impact: With steady funding, we can reach more underserved communities, helping families access health care, education, and support services they might otherwise go without.

## Schweitzer Sustainer Benefits

By becoming a recurring donor, you receive:

- Updates in the summer and winter from Fellowship staff
- A thank-you gift at the start of the year
- An invitation to the Winter Symposium and Evening of Difference

## The impact your donation makes:

- \$25 provides materials for a Fellow's diabetes education project, helping elderly adults manage their condition.
- \$50 funds a Fellow's mental health support group for a month, offering a lifeline of support to at-risk youth.
- \$100 supplies enough fresh produce for a nutrition workshop, ensuring families can learn hands-on skills for preparing nutritious meals.



## Learn More

Interested in becoming a Schweitzer Sustainer? Scan this QR Code to join this cherished group!



## *Fellow Testimonials*

“Fellows contribute knowledge learned from academic courses and monthly meetings while leveraging networks and resources to build healthier communities. In exchange, we learn about the unseen and untold stories of the communities we partner with and serve. I hope to have more opportunities to share my experiences and collaborate with others to create and expand models of care that go beyond sick care and focus on health and well-being.”

**Jasmine Perkins, Doctoral Nursing Student at Texas Woman’s University  
Pamoja Health at FAM Houston**

“I have seen how much love people have to give. On one hand, my group has reached out to the community and received a great amount of support of those that want to help. On the other hand, I have seen an outpour of gratitude from the community I am serving. I have seen so much love from people who have almost nothing physical to give, but will still provide endless support through actions and helping those who may also be in need.”

**Anne Reckart, Physical Therapy Student at UTMB School of Health Professions  
Giving Grace at Galveston Central Church**

“Working in this Fellowship has deepened my understanding of the complexities involved in collaborating with diverse groups and stakeholders to turn a vision into reality. What began as a personal project evolved significantly, guided by the evolving needs of the community. This experience has shaped how I approach problem-solving and reinforced the importance of flexibility and responsiveness. As I move forward, I hope to carry this mindset with me—both in my personal life and as a future physician.”

**Sharon John, Medical Student at Texas College of Osteopathic Medicine at UNTHSC  
Health Career Collaborative (HCC) at International Leadership of Texas Keller-Saginaw High School**



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